

INTERVENTION WEBINAR

**Why Is Residential Treatment
Important for Addiction and
Mental Health Recovery?**

 Starting Soon



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Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

Why Is Residential Treatment Important for Addiction and Mental Health Recovery?

How Treatment Has Changed



- What was once individualized, compassionate care is now a profit-driven industry
 - Most treatment centers have been acquired by private equity firms
 - Centers are built around 30-day models — the most profitable level of care
 - When clients step down to PHP or IOP, reimbursement drops significantly
 - More patients, more diagnoses, more billable codes — less individualized care
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The Truth About Success Rates

- AA success rates before the disease model (pre-1960): approximately 50%
 - Today's overall successful outcomes: approximately 3% (including harm reduction)
 - Complete abstinence success rate today: approximately 1.5%
 - The decline tracks directly to the shift toward the medical/disorder model
 - Modern treatment often teaches: "You are a victim. Relapse is part of your program."
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The Biggest Problem in Treatment Centers Today



- The greatest challenge is ineffective therapists in treatment centers
 - Clinicians are now trained to meet clients "where they are" rather than hold them accountable
 - Therapists are taught the patient is the most qualified person to determine their own treatment plan
 - Early and inaccurate mental health diagnoses are common — especially when substance use is present
 - Insurance companies direct treatment based on cost, not clinical need
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Why the Environment Is Everything



- One of the two greatest predictors of treatment outcomes is the environment
 - Returning to the same environment after treatment is one of the leading causes of relapse
 - Residential treatment removes the client from triggers, enablers, and old patterns
 - Distance from home, family dysfunction, and comfort zones is not a punishment — it is the treatment
 - Sober living after residential treatment extends the environmental change and improves outcomes
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Length of Stay Matters



- NIH (National Institute on Drug Abuse): participation under 90 days is of limited effectiveness
 - "Treatment lasting significantly longer is recommended for maintaining positive outcomes"
 - Most private equity-backed centers discharge after detox and residential — the money stops there
 - The longer a client stays, the less a center earns — yet longer stays produce better outcomes
 - Minimum effective framework: 3 months residential + 6–12 months aftercare + lifetime maintenance
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What Evidence-Based Residential Treatment Actually Looks Like



- Holding clients accountable and challenging dishonest or negative behavior
 - No cell phones or electronic devices — especially in the first two weeks (highest AMA risk)
 - Client does not dictate their own treatment plan or length of stay
 - Family is actively engaged in recovery — not just the patient
 - Therapists are not the point of contact for family updates (prevents enabling relapse)
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The Role of Family in Residential Recovery

- Family recovery is evidence-based and directly improves client outcomes
 - Most treatment centers have no meaningful family program — families are not a billable code
 - When families stay in their old patterns, clients are more likely to leave AMA
 - Boundaries and consequences from a well-supported family keep clients in treatment
 - The bigger the recovery team, the better the outcome
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What to Look for in a Residential Treatment Center

- Privately owned vs. private equity-backed
 - Quality and accountability of therapists
 - Accreditations: JCAHO, CARF, LegitScript Certification
 - Signed Release of Information (ROI) for family and intervention team
 - Meaningful family program and involvement in discharge planning
 - Willingness to enforce boundaries, consequences, and long-term length of stay
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Choosing the Right Center Changes Everything

- A shiny website and a close location are not clinical qualifications
 - All centers deliver evidence-based treatment — the difference is who delivers it and how
 - Families choosing comfort over clinical fit reduce the likelihood of a successful outcome
 - The goal is not to get your loved one home quickly — it is to get them well permanently
 - The bigger the team, the better the outcome
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
